

Senior Living Initiative

Steering Committee Meeting Notes

Wednesday February 15, 2017, 5-6:30 PM

Chelan PUD Meeting Room, Woodin Av, Chelan

Present: Amanda Ballou, CEO Heritage Heights; Kathi Fedor, Mike Torres, Board members Heritage Heights; Community members: Leslie Myers, John Olson, Dana Starkweather, Jerry Jackson, Joan Brownfield, Ken and Sue Young, Ruth Edna Keys, Andrea Menin; Facilitator-Mary Murphy.

Vision : Build a Pathway of Senior Living and Care in the Chelan Valley

Mary Murphy welcomed the group and briefly described the history of SLI and the formation in Sept 2016 of two Task Forces to continue to make progress toward the vision.

In-Home Care Task Force/Committee Report—Mary Murphy read a report of In Home Care Committee provided by Chairperson, Kathy Miller. The purpose of the In Home Care Program is to offer to seniors who wish, a friendly companion who will visit the senior and conduct mutually agreed upon tasks, such as help the senior access other resources and services, light housekeeping or meal preparation, transportation, etc.. The goal is to help seniors to have a good quality life in their home as long as possible. The Committee intends to develop a program over the next six months, based on the successful Methow Valley's Guardian Angel Program. A part time paid Coordinator position will provide intake to the program and recruit, train and supervise volunteers who will offer services in the seniors' homes.

The In Home Care Committee met on Jan 11, 2017 to confirm the mission statement, and select draft names for the program. The following suggestions have been made: Chelan Valley Friends, Chelan Valley Cares, Chelan Valley Senior Friends, Lake Chelan Friends, Lake Chelan Senior Friends, Senior Helping Hands. Suggestions from SLI Committee are: Chelan Valley Cares and Friendly Hands for Seniors. The Committee is considering Chelan Valley Hope as a fiscal sponsor to be able to solicit tax deductible donations and grants to support the program. Chelan Valley Hope's founder Rich Watson and Board member Kathi Fedor are working to establish a Senior Resource position to identify the needs of seniors in the community and advocate with the City, LINK transit and others for more senior services, safe crossroads, etc. This position will also keep an updated list of resources, to inform seniors and those who work with seniors. This paid position will not work directly with seniors.

The next meeting of the In Home Care Committee is Thursday March 2 at 5 PM at the Hospital Bragg Room on the first floor.

Campus Task Force Report - Amanda Ballou, Chair, provided a process overview of the tasks to be accomplished.

Following the Summit last September, Heritage Heights' board hired an architect who specializes in senior living projects, John Shoesmith. The Architectural Pre-Design Report has just been approved

by the Heritage Heights Board (and will be posted on the SLI website this Friday). It describes the requirements for the potential sites for the campus. The architect's report responded to priorities recommended in SLI's final report: Long term residential options that are affordable for a wide range of income levels offering many services in one location near town, school, hospital and a walkable environment. The programs included independent living, assisted living (in addition to what currently exists at Heritage Heights), "enhanced" assisted living (higher acuity) and memory care—all served as the basis for estimating space needs for the campus. Program and space needs were estimated to require about 12.5 acres now and 2.5 acres to be added later. A site selection matrix was developed to assist in objectively evaluating sites once they are identified.

The next step is Site Selection and Feasibility. Amanda will use the requirements defined in the report to bring a list of ten "suspect" sites to Heritage Heights' board in their March meeting. This meeting is open to the public and those who are interested in participating on the Task Force are welcome to attend. A short list of potential sites will then be presented for discussion in the April SLI meeting. It is anticipated that there will be many conversations comparing the properties and making tradeoffs among the benefits of each.

Heritage Heights is the lead organization due to the need for a legal entity with an operating history to manage property and financial obligations. The usual timeline to develop a senior living campus is five to ten years.

After a site is selected, a campus Master Plan will be created. The Community Foundation has acted as the lead sponsor of the campus Master Plan, having awarded Heritage Heights a Regional Impact Grant of \$10,000 plus more than \$6,000 from their Give NCW online fundraising program. Relationships with other sponsors are being developed.

SLI Website and Updates - Jerry Jackson demonstrated the SLI Website and recent updates to the information about SLI and Task Force meetings agendas and notes, and Summit videos and other reports.

- www.chelanvalleyseniorcare.com

SLI Next meeting: April 19th, 2017, 5:00 p.m. Chelan PUD Meeting Room